

**SAS GOVERNMENT DEGREE COLLEGE
NARAYANAPURAM, WEST GODAVARI DISTRICT-AP**



WOMEN EMPOWERMENT CELL



2022-23

ACTIVITY-1

Title: Anti Ragging day

Date: 23-11-22

Event organizer: Dr.B.Jhasi Lakshmibai, Lecturer in Chemistry

Participant Lecturers: 8

Students: 50

Chief speaker: Circle inspector of Police, Ganapavaram; SI station house officer, Chebrolu.

Brief Report:

The Anti-Ragging Day event organized by Dr. B. Jhasi Lakshmibai, Lecturer in Chemistry, on November 23, 2022, aimed to address and combat the persistent issue of ragging within educational institutions. The event witnessed active participation from 8 lecturers and around 50 students, demonstrating a collective resolve to eradicate this harmful practice.

The event commenced with an inaugural address by Dr. B. Jhasi Lakshmibai, who emphasized the importance of fostering a safe and respectful learning environment for all students. Following this, the chief speakers, including the Circle Inspector of Police from Ganapavaram and the SI Station House Officer from Chebrolu, shared insights and strategies to prevent and address instances of ragging effectively.

Various interactive sessions, workshops, and panel discussions were conducted throughout the day, encouraging open dialogue and raising awareness about the legal repercussions of ragging. Students actively engaged in these sessions, expressing their commitment to promoting a culture of mutual respect and support within the campus community.

The event concluded with a pledge-taking ceremony, wherein both lecturers and students vowed to uphold a zero-tolerance policy towards ragging and to promptly report any

instances of misconduct. Dr. B. Jhasi Lakshmibai expressed her gratitude to the chief speakers, participants, and organizers for their invaluable contributions towards making the event a resounding success.



Circle Inspector Ganapavaram speaking with the gathering

Outcome:

Increased Awareness: The event succeeded in raising awareness about the detrimental effects of ragging and the importance of creating a conducive learning environment free from harassment and intimidation.

Collaborative Efforts: The active participation of lecturers, students, and law enforcement officials underscored the collective commitment to combatting ragging through collaborative efforts and mutual support.

Pledge for Action: The pledge-taking ceremony served as a symbolic gesture of solidarity, with participants pledging to actively intervene and report any instances of ragging, thereby fostering a culture of accountability and responsibility.

Overall, the Anti-Ragging Day event proved to be a significant step towards promoting a safer and more inclusive educational environment, reaffirming the commitment of all stakeholders to uphold the dignity and rights of every individual within the campus community.



Police department giving guidance to the students

ACTIVITY-3

Title: Musical chairs to women staff and students on the occasion of Women's day

Organized by: Dr.B Jhansi Lakshmi, Lecturer in Chemistry, Women Empowerment Cell, SAS Govt Degree College, Narayanapuram

Participants: All female staff

Motto of the event: Active life leads to good health

Date: 07-3-2023

Venue: SAS Govt Degree College, Narayanapuram

Why musical chairs competition:

The decision by the Women Empowerment Cell to organize a Musical Chairs event at SAS Govt Degree College, Narayanapuram, is not merely an act of entertainment but a strategic initiative rooted in several justifications that align with our mission to empower and uplift women in our institution.

1. Promoting Physical Health:

The event's motto, "Active life leads to good health," encapsulates the core rationale behind its organization. In today's sedentary lifestyle, it's imperative to encourage physical activity among women. By engaging in activities like Musical Chairs, participants not only enjoy themselves but also improve their physical health, thereby fostering overall well-being.

2. Fostering Camaraderie and Unity:

A sense of unity and camaraderie among staff members is essential for a conducive work environment. Musical Chairs provides a platform for women to interact outside of their usual professional roles, fostering bonds of friendship and solidarity that transcend departmental boundaries. This strengthens the fabric of our institution and enhances collaboration among staff members.

3. Empowering Through Participation:

Participation in events like Musical Chairs empowers women by providing them with opportunities to showcase their talents and skills in a supportive environment. Regardless of their position or background, all female staff members are encouraged to participate, fostering a sense of inclusivity and empowerment.

4. Breaking Stereotypes:

Musical Chairs is often associated with children's games or informal gatherings. By organizing such an event specifically for women staff, the Women Empowerment Cell challenges stereotypes and preconceived notions about appropriate activities for women. It sends a

powerful message that women can engage in playful activities while still maintaining professionalism and dignity.

5. Celebrating Diversity:

Our institution is home to a diverse group of women with varied interests, talents, and backgrounds. Musical Chairs celebrates this diversity by providing a platform where women from different departments and roles can come together and share a common experience. It celebrates the unique contributions of each participant while fostering a sense of belonging to a larger community.

Report of the event:

In a vibrant display of camaraderie and competitive spirit, the Women Empowerment Cell at SAS Govt Degree College, Narayanapuram, orchestrated a thrilling Musical Chairs event exclusively for the esteemed female staff. With the motto "Active life leads to good health" echoing through the halls, the participants eagerly embraced the opportunity to engage in some friendly competition while promoting the importance of staying active.

The event, held on the auspicious date of March 7th, 2023, at the college premises, radiated an atmosphere charged with enthusiasm and empowerment. As the music played, the participants gracefully circled the chairs, each determined to outmaneuver her colleagues with agility and quick thinking.

After several rounds of intense competition, two standout contenders emerged victorious, their names etched in the annals of the event's history:

Winner:

I. K. Parvathi, from the Department of Commerce, showcased remarkable skill and determination, securing the coveted first place with her strategic moves and unwavering focus.

Runner-Up:

II. Kalyani G, a Senior Assistant, impressed the audience with her agility and poise, clinching the well-deserved second place and earning the admiration of all present.

The event not only provided a platform for friendly rivalry but also served as a celebration of women's strength, resilience, and camaraderie. It underscored the importance of

physical activity in maintaining a healthy lifestyle while fostering a sense of unity among the college staff.

The Women Empowerment Cell extends its heartfelt congratulations to all participants for their commendable spirit and sportsmanship. Special accolades are reserved for the winners, whose exemplary performance serves as an inspiration to us all.

As the echoes of laughter and cheers fade away, the legacy of this exhilarating Musical Chairs event continues to resonate, reminding us of the power of unity and empowerment within our community.

With renewed vigour and a commitment to promoting women's empowerment, we eagerly anticipate future events that will further strengthen our bonds and inspire us to reach greater heights together.



ACTIVITY-4

Title: Awareness Program on the Role of Women in Environmental Protection

Hosted by: Women Empowerment Cell, SAS Govt Degree College, Narayanapuram

Date: 5-6-2023

Participants:

Teacher Participants: 9

Student Participants: 25

Introduction:

The Women Empowerment Cell at SAS Govt Degree College, Narayanapuram organized a meeting and discussion session focusing on highlighting the significant role of women in environmental protection. The event aimed to enlighten both teachers and students about the crucial role women play in safeguarding the environment and promoting sustainable practices.

Meeting and Discussion:

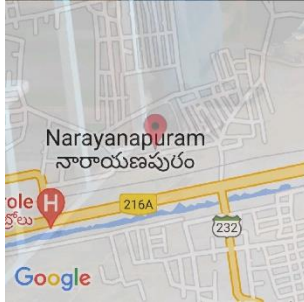
The core of the program centered on a meeting and discussion session, where participants engaged in dialogue regarding the importance of women's involvement in environmental conservation efforts. Key topics discussed included:

1. The impact of women-led initiatives on environmental sustainability.
2. The role of gender-inclusive approaches in promoting environmental protection.
3. Strategies for increasing women's participation in environmental decision-making processes.
4. Challenges and opportunities for empowering women in environmental activism.
5. Success stories and best practices in women's involvement in environmental conservation.

Outcomes:

The meeting and discussion session provided a platform for participants to exchange ideas, insights, and experiences related to women's role in environmental protection. Participants gained a deeper understanding of the significance of gender equality in sustainability efforts and were inspired to take proactive steps towards promoting environmental conservation in their communities.

Overall, the meeting and discussion session served as an informative and thought-provoking forum, fostering greater awareness and engagement in the intersection of gender empowerment and environmental sustainability.



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ACTIVITY-5

Title: Honour the achiever, Felicitation of female yoga teacher on Yoga day

Guest of honour:P.Swathi, Physical director, Ganapavaram Government degree College

Program Organizer: B.Jhansi, Lecturer in Chemistry

Date: 21-06-2023

Venue: SAS Government degree Collge, Narayanapuram.

Participants: Coordinator: Women Empowerment Cell, SAS Govt Degree College, Narayanapuram, girl students of SAS Government degree College.

The event titled "Honouring the Achiever" was organized on the occasion of Yoga Day at SAS Government Degree College, Narayanapuram. The program aimed to recognize and felicitate a female yoga teacher for her contributions to promoting yoga among students.

Honouring a yoga teacher by the Women Empowerment Cell holds significant relevance as it symbolizes the intersectionality of physical and mental well-being, empowerment, and gender equality.

Guest of Honour P. Swathi, the Physical Director of Ganapavaram Government Degree College, graced the occasion and delivered an insightful speech on the significance of yoga for girls. She emphasized the importance of yoga in maintaining physical and mental well-being, particularly for young women. P. Swathi shared her expertise by discussing various yoga postures that can help overcome different physical and mental challenges.

The program was organized by B. Jhansi, a Lecturer in Chemistry at SAS Government Degree College, who ensured the smooth execution of the event. The coordinator of the Women Empowerment Cell at the college also played a pivotal role in coordinating the program and engaging the girl students of SAS Government Degree College.

Overall, the event served as a platform to honour and acknowledge the dedication and efforts of the female yoga teacher in promoting yoga among students, encouraging them to adopt a healthy lifestyle and harness the benefits of yoga for their holistic development.

In conclusion, honouring a yoga teacher by the Women Empowerment Cell goes beyond mere acknowledgment; it symbolizes a commitment to promoting women's health,

empowerment, and equality. By celebrating the achievements of female yoga instructors, the Women Empowerment Cell contributes to a culture of support, inspiration, and inclusivity, fostering a brighter and more empowered future for women and girls everywhere.



Honouring the guest with shawl and memento

ACTIVITY-5

Title: Go higher, an awareness programme on the opportunities of higher education to girls students

Program Organizer: B.Jhansi, Lecturer in Chemistry

Date: 24-04-2023

Venue: SAS Government degree Collge, Narayanapuram.

Participants: Coordinator: Women Empowerment Cell, SAS Govt Degree College, Narayanapuram, department of Physics, English and the girl students of SAS Government degree College.

Introduction:

On April 24, 2023, a ground-breaking awareness program titled "Go Higher" was organized at SAS Government Degree College, Narayanapuram, with the aim of enlightening girl students about the plethora of opportunities available for pursuing higher education. Spearheaded by B. Jhansi, Lecturer in Chemistry, and coordinated by the Women Empowerment Cell, this event brought together students and faculty from various departments to discuss and explore avenues for advancing education among girls.

Objectives:

The primary objective of the program was to educate girl students about the numerous facilities and benefits provided by the government to encourage and support their pursuit of higher education. Through informative sessions, discussions, and interactions, the program aimed to instill confidence and empower girls to aspire for higher studies without financial constraints or societal barriers.

Event Highlights:

The "Go Higher" awareness program featured enlightening sessions and discussions on various aspects related to higher education opportunities for girls. Key highlights of the event include:

Facility Discussion: Informative sessions were conducted to elucidate the various facilities available for girls pursuing higher education, including reservations, fee exemptions, scholarships, and other forms of financial assistance provided by the government. Participants gained valuable insights into how these facilities can significantly reduce the financial burden associated with higher studies, thereby encouraging them to aim higher in their educational pursuits.

Confidence Building: Through motivational talks and success stories shared by accomplished women in academia and other fields, participants were inspired and empowered to overcome barriers and pursue their dreams with confidence. The program aimed to instill a sense of self-belief and determination among girl students, reaffirming their potential to excel in higher education and beyond.

Interactive Sessions: Engaging discussions and interactive sessions provided a platform for participants to voice their concerns, ask questions, and seek guidance regarding higher education opportunities. Faculty members and experts offered valuable advice, mentorship, and support to address the queries and apprehensions of the girl students, fostering a supportive environment conducive to learning and growth.

Conclusion:

The "Go Higher" awareness program proved to be a resounding success in its mission to enlighten and empower girl students about the vast opportunities available for pursuing higher education. By providing valuable information, instilling confidence, and fostering a supportive ecosystem, the program has equipped girl students with the knowledge and motivation to aspire for higher studies without inhibitions or constraints. Moving forward, it is imperative to sustain the momentum generated by this initiative and continue nurturing a culture of empowerment and inclusivity in higher education.



Girls holding books with hope and confidence